

Sunday 7-Oct	Monday 8-Oct	Tuesday 9-Oct	Wednesday 10-Oct	Thursday 11-Oct	Friday 12-Oct	Saturday 13-Oct
Breakfast						
Orange Juice Cream of Wheat Fresh Orange Cheddar Egg Bake Wheat Toast Wheat English Muffin Coffee or Hot Tea Apple Juice Orange Juice	Orange Juice Cream of Rice Fresh Banana Scrambled Egg Pancakes Coffee or Hot Tea Apple Juice Cranberry Juice	Orange Juice Oatmeal Fresh Apple Fried Egg Wheat Toast Coffee or Hot Tea Apple Juice Cranberry Juice	Orange Juice Cream of Wheat Fresh Orange Hard Boiled Egg Bacon Wheat English Muffin Apple Juice Cranberry Juice	Orange Juice Cream of Rice Fresh Banana Scrambled Eggs Cinnamon Wheat Toast Coffee or Hot Tea Apple Juice Cranberry Juice	Orange Juice Oatmeal Fresh Apple Sausage Links Waffle Coffee or Hot Tea Apple Juice Cranberry Juice	Orange Juice Cream of Wheat Fresh Orange Fried Egg Biscuit Coffee or Hot Tea Apple Juice Cranberry Juice
Lunch						
Maple Glazed Pork Roast Oven Browned Potatoes Capri Vegetable Blend Wheat Dinner Roll Chocolate Mousse Pie Milk Beverage of Choice Port Medallions	Butter Crumb Fish Chuckwagon Corn Broccoli Au Gratin Wheat Dinner Roll Lime Pineapple Gelatin Milk Beverage of Choice BBQ Chicken Legs	Beef Stroganoff Noodles Brussels Sprouts Medley Wheat Dinner Roll Angel Food Cake Whipped Topping Milk Beverage of Choice Ham Croquette Mustard Sauce	Chicken Teriyaki Pineapple Rice Pilaf Oriental Vegetable Blend Wheat Dinner Roll Mango Cup Milk Beverage of Choice Beef Kabob	Marinated Pork Loin Delmonico Potatoes Spinach w/Garlic Wheat Dinner Rolls Scalloped Apples Milk Beverage of Choice Lemon Pepper Turkey	Cheddar Baked Fish French Fries Normandy Vegetable Blend Wheat Dinner Roll Fruit Pizza Dessert Milk Beverage of Choice Breaded Veal Cutlet Risotto	Beacon Wrapped Beef Patty Sour Cream Mashed Potatoes Seasoned Whole Green Beans Wheat Dinner Roll Chocolate Peanut Butter Square Milk Beverage of Choice
Dinner						
Herbed Turkey Bread Dressing Peas Wheat Dinner Roll Mandarin Oranges Milk Beverage of Choice	Tavern Potato Wedges Malibu Vegetable Blend Lemon Pudding Parfait Milk Beverage of Choice	Spanish Omelet Roasted Fingerling Sweet Potatoes Asparagus Vinaigrette Salad Muffin Peach Blueberry Yogurt Parfait Milk Beverage of Choice	Breaded Shrimp Tator Tots Confetti Coleslaw Cheese Biscuit Chocolate Chip Cookie Milk Beverage of Choice	Black Bean Soup Beef Hard Shell Tacos Salsa Salad Coconut Cream Pudding Milk Beverage of Choice	Ham & Pepperoni Stromboli Spring Mix w/Dressing Wheat Dinner Roll Strawberries Romanoff Milk Beverage of Choice	Parmesan Chicken Tenders Marinara Dipping Sauce Garlic & Red Pepper Penne Garden Salad Wheat Dinner Roll Milk Beverage of Choice