ioux Center Hea	lth <b>2018</b>	Garden Café		Regular/No Added Salt		Week 3
<b>Sunday</b> 13-May	<b>Monday</b> 14-May	<b>Tuesday</b> 15-May	<b>Wednesday</b> 16-May	<b>Thursday</b> 17-May	<b>Friday</b> 18-May	Saturday 19-May
Breakfast						
Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice	Juice of Choice
Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice	Cereal of Choice
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Scrambled Eggs	Fried Egg	Scrambled Eggs	Raspberry Croissant	Egg	Fried Egg	Scrambled Eggs
Cinnamon Roll	Pancakes	English Muffin	Milk	Biscuit	French Toast	Waffle
Coffee or Hot Tea	Margarine & Syrup	Margarine & Jelly	Coffee or Hot Tea	Margarine & Jelly	Coffee or Hot Tea	Coffee or Hot Tea
Hashbrowns	Coffee or Hot Tea	Coffee or Hot Tea	Hashbrowns	Coffee or Hot Tea	Hashbrowns	Hashbrowns
Sausage Patty	Hashbrowns	Hashbrowns	Sausage Link	Hashbrowns	Bacon	Sausage Patty
	Bacon	Ham Patty		Sausage Gravy		
Lunch						
Roast Beef	Burger Bar	Speghetti with Meatballs	Smoked Pulled Chicken	Apple Pork Chop	Italian Tomato Chicken	Turkey Club Sandwich
Mashed Potatoes	Baby Carrots	Green Beans	Sandwich	Mashed Potatoes	Noodles	Chips
Gravy	Roast Red Skin Potaoes	Garlic Bread	Sweet Potato Fries	Steamed Asparagus	Vegetable Blend	Capri Vegetable Blend
Green Bean Casserole	Green Beans	Margarine	Sugar Snap Peas	Caramel Brownie	Fruit Cup	Pudding
Wheat Dinner Roll	Fruit Cup	Cookie	Cookie	Milk	Milk	Milk
Pie	Beverage of Choice	Milk	Milk	Beverage of Choice	Beverage of Choice	Beverage of Choice
Milk		Beverage of Choice	Beverage of Choice			
Beverage of Choice	Homemade Chicken Noodle	Chicken Wild Rice Soup	Beef Lasagna Soup	Broccoli Cheese Soup	Red Pepper Gouda Soup	
Sliced Baked Ham	Rotisserie Style Chicken	Chicken Enchilada	Meatloaf	Turkey Tetrazzini	Baked Salmon	
Dinner						
Tomato Soup	Hot Ham & Cheese Bun	Chicken Tenders	Chili Dog on a Bun	Popcorn Shrimp	Hearty Vegetable Soup	Smoked Pulled Pork
Saltine Crackers	Prince Edward Veg Blend	Dipping Sauce	Baked Beans	Cocktail Sauce	Saltine Crackers	on a Bun
Grilled Cheese Sandwich	Fruit Cup	Cottage Fries	Creamy Coleslaw	Creamy Mashed Potatoes	Chicken Salad Sandwich	Onion Rings
Steamed Vegetables	Six Layer Bar	Tossed Salad with Dressing	Fruit Cup	Sugar Snap Peas	Grean Beans	Bermuda Blend Vegetab
Pineapple with Strawberries	Milk	Cinnamon Baked Apples	Milk	Ice Cream	Pears	Sherbet
Milk	Beverage of Choice	Milk	Beverage of Choice	Mild	Milk	Milk
Beverage of Choice		Beverage of Choice		Beverage of Choice	Beverage of Choice	Beverage of Choice