

Sunday Feb-12	Monday Feb-13	Tuesday Feb-14	Wednesday Feb-15	Thursday Feb-16	Friday Feb-17	Saturday Feb-18
Breakfast						
Cereal of Choice Fresh Fruit Scrambled Eggs Cinnamon Roll Hashbrowns Sausage Patty Beverage of choice Milk	Cereal of Choice Fresh Fruit Fried Egg Pancakes Margarine & Syrup Hashbrowns Bacon Beverage of choice Milk	Cereal of Choice Fresh Fruit Scrambled Eggs English Muffin Margarine & Jelly Hashbrowns Ham Patty Beverage of choice Milk	Cereal of Choice Fresh Fruit Scone Sausage, Egg & Cheese on Muffin Beverage of choice Milk	Cereal of Choice Fresh Fruit Egg Biscuit Margarine & Jelly Hashbrowns Sausage Gravy Beverage of choice Milk	Cereal of Choice Fresh Fruit Fried Egg French Toast Hashbrowns Bacon Beverage of choice Milk	Cereal of Choice Fresh Fruit Scrambled Eggs Waffle Margarine & Syrup Hashbrowns Sausage Patty Beverage of choice Milk
Lunch						
Honey Glazed Ham Mashed Potatoes Asparagus Cuts Pie Beverage of choice Gravy Milk	Chili Soup Prince Edward Veg Blend Cornbread Fresh Fruit Beverage of choice Milk	Roast Beef Mashed Potatoes Gravy Chocolate Chip Cookie Beverage of choice Baby Carrots Milk	Chicken Tacos Sautéed Peppers & Onions Cilantro Lime Rice Churros Beverage of choice Milk	Meatloaf Mashed Potatoes Peas & Carrots Cookie Beverage of choice Milk	Smothered Steak Boiled Potatoes Green Beans Six Layer Bar Beverage of choice Milk	BLT Sandwich Chips Mixed Vegetables Ice Cream Beverage of choice Milk
Roast Beef Au Jus	Turkey Club Sandwich	Chicken Bacon Swiss	Beef Macaroni Casserole	Creamed Chicken	Baked Salmon	
Dinner						
Grilled Chicken Breast Corn Wild & Brown Rice Pilaf Fresh Fruit Beverage of choice Milk	Swedish Meatballs Mashed Red Skin Potatoes Mixed Vegetables Pie Beverage of choice Milk	Cheeseburger on a Bun French Fries Baked Beans Sherbet Beverage of choice Milk	Ham Steak Mashed Potatoes Peas & Pearl Onions Pineapple Chunks Beverage of choice Milk	Hot Beef & Cheese Bun Sweet Potato Fries Mixed Vegetables Fruit Cup Beverage of choice Milk	Chicken & Broccoli Casserole Tossed Salad with Dressing Breadstick Mandarin Oranges Beverage of choice Milk	Grilled Cheese Sandwich Tomato Soup Fruit Cup Beverage of choice Milk

Dietary Consultant

Tonya Huensch, RD, LD

Approval Date

2/9/2017